

3rd Asian Orienteering Championships & Asia Open

September 15-22, 2014

Bulletin 1-2



Kazakhstan Orienteering Federation (KOF) invites you to the 3rd Asian Orienteering Championships (AsOC) and to open multiday event Asia Open in the city of Shchuchinsk, Akmolinsk region of the Republic of Kazakhstan.

Organizers

- Event Director: Irina Chsheglova, E-mail: irina-o.kz@mail.ru
- Course setters: Alexander Novikov (RUS), Sergey Efimov (KAZ)
- Event secretariat: Dmitry Nalyotov (RUS), Yuri Mikhailov (KAZ)

Advisers

- IOF Senior Event Adviser: Sixten Sild (EST)

Event Centre / Venue

Event centre of the 3rd Asian Orienteering Championships is Sanatorium «Discovery» 15 km from centre of Shchuchinsk city (GPS: 52° 58'18.40" N 70° 25'3.76" E, 390 m asl).

E-mail: asia.kaz-2014@mail.ru

Ph/Fax: +7 7172 50 55 91

Mobile: +7 777 753 26 13

Venue of the event is State national nature park Burabay situating between cities of Shchuchinsk and Borovoye.

Homepage: www.orienteeing.lik.kz

Arrival and travel connections

Arrival and Departure:

The teams are advised to fly to Astana, from where the Event organizers will organize bus transport to the city of the Shchuchinsk and event centre. Shchuchinsk is located 245 km north of Astana.

Teams will be transported on buses from Astana airport to Event Centre/accommodation in sanatorium «Discovery». Bus transport to Astana airport after the event can be ordered as well.

Fee for bus transport Astana airport – Shchuchinsk – Astana airport is 85\$.

Need for the named bus transport shall be reported to organizer in preliminary entry and paid together with entry fee and accommodation.

Dates and types of the competitions

Event programme

Sunday, September 14	Event centre open, arrival of teams
Monday, September 15 10:00 – 13:00	Arrival of teams Model event
Tuesday, September 16 15:00 16:00 – 17:00 17:00 – 18:30	Opening ceremony Sprint competition (AsOC) Sprint 1 (AO)
Wednesday, September 17 10:00 – 14:00 14:00 – 17:00	Long distance competition (AsOC) Long distance competition (AO)
Thursday, September 18 16:00 – 17:30	Rest day, cultural programme and sightseeing Open event - «Labyrinth» distance
Friday, September 19 10:00 – 12:00 12:00 – 16:00	Middle distance competition (AsOC) Middle distance 1 (AO)
Saturday, September 20 10:00 – 12:00 12:00 – 16:00	Relay competition (AsOC) Middle distance 2 (AO)
Sunday, September 21 10:00 – 11:30 11:50 – 14:00 19:00	Mixed Sprint relay competition (AsOC) Sprint 2 (AO) Closing Ceremony, banquet
Monday, September 22	Departure of teams

* There is a major change in the bulletin 3 compared to Bulletin 1-2.

Classes and participation restrictions

AsOC

Competition classes are M20, W20, M21 and W21

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the Asian continent, can compete in AsOC.

Competitors representing other member Federations of the IOF can participate in AsOC but will not be eligible for Asian titles, medals or diplomas.

In the individual competitions, Federations may enter up to 10 women and up to 10 men in classes W21 and M21 and up to 6 women and up to 6 men in classes W20 and M20.

In the relay competitions, a federation may enter maximum of 2 teams in each gender category and class, but only the better-placed team will be counted in the prize list.

In the Sprint Relay, each Federation may enter 2 teams consisting of 4 team members of whom at least two must be women. Only the better-placed team will be counted in the prize list.

In the relays incomplete teams and teams with runners from more than one Federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.

There is no limit on the number of officials.

Asia Open (AO)

Multiday event Asia Open is open for orienteers from all over the world

Competition classes are MW 12, 14, 16, 18, 20, 21A, 21B*, 35, 40, 45, 50, 55, 60, 65, 70.

Classes MW 35-70 will be opened when there are 4 entrants as minimum. The organizer reserves the right to bring together classes with less than 4 entrants.

Federations may enter an unlimited number of participants and team officials.

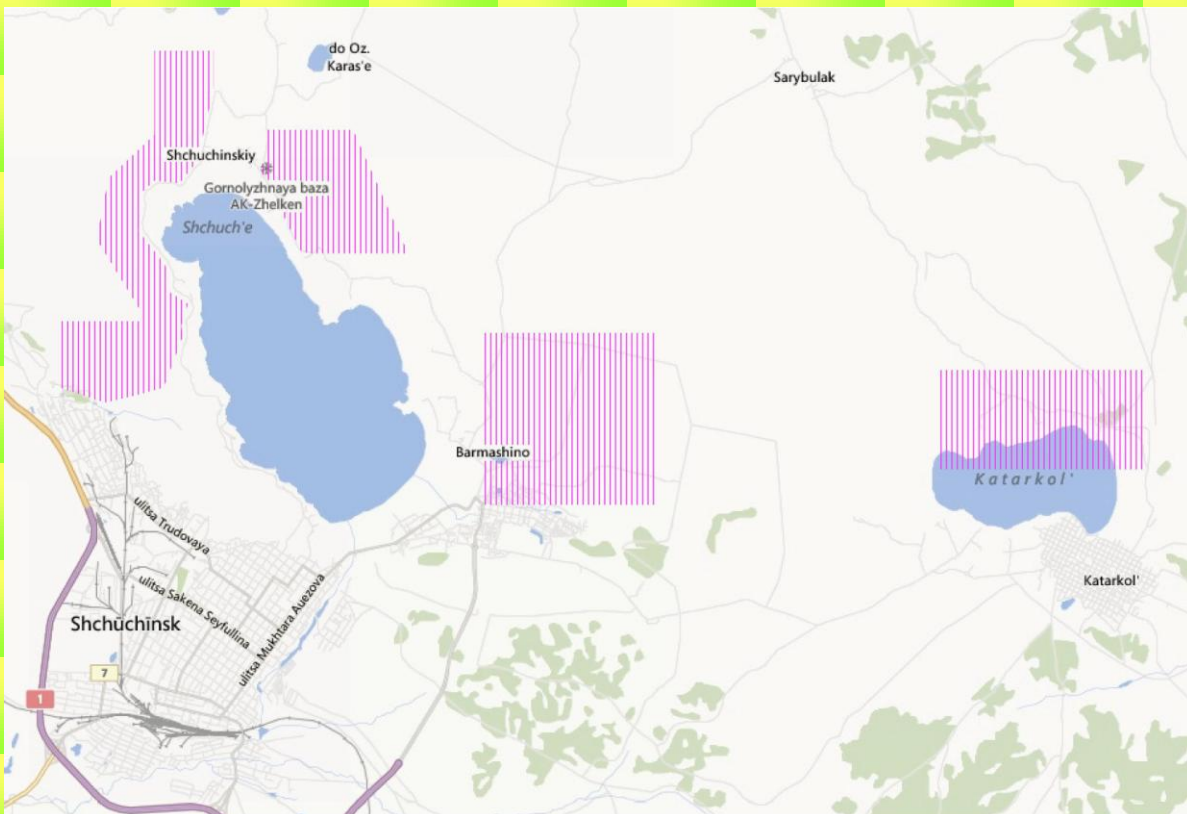
* - "B" means shorter and technically easier courses compared to "A"-courses

General map of the region



Embargoed area

Embargoed area is part of the State national nature park Burabay as shown on the map below. The indicated area is embargoed for trainings according to chapter 14 in “Competition rules for IOF Foot Orienteering Events 2014” until September 22 2014.



Punching system

SPORTident (SI) punching system will be used. SI-card numbers have to be indicated in final entry. If participants don't have their own SI-cards, these can be rented by the organizer (2 \$/day). Timing system includes use of electronic start gate (in sprint) and light beam on finish lines. All SPORTident equipment will be demonstrated at the Model Event on September 15.

If IOF will during 2014 approve use of touch-free SPORTident equipment at the event, all participants will get appropriate SI-cards from the organizer.

Terrain

Competition terrains are part of State national nature park Burabay. Absolute heights in the national park are between 300 and 950 m. Height differences in competition areas are up to 75 m. Slopes in the terrain are of different steepness – from very flat to very steep. There are lot of contour features, various rocky formations and stones on the slopes. Approximately 90% of the terrain is forest with relatively dense network of roads and paths. The forest is predominately pine forest with good sight and no undergrowth. Some birch forest occurs. Roads and paths are well runnable. *(Previous maps of competition terrains and some photos from the terrains are available as appendix to the Bulletin.)*

Maps and courses

Map scales and contour intervals:

Sprint and mixed sprint relay - 1:5000, h 2,5 m

Middle distance and relay - 1:10000, h 5 m

Long distance – 1:15000, h 5 m

Approximate lengths and winning times:

AsOC

Class	sprint	middle	long	relay (leg)	mixed sprint relay (leg)
	winning time (min)	winning time (min)	winning time (min)	winning time (min)	winning time (min)
M21	12-15	30-35	90-100	30-35	12-15
W21	12-15	30-35	70-90	30-35	12-15
M20	12-15	20-25	70	30-35	12-15
W20	12-15	20-25	55	30-35	12-15

AO

Class	sprint	middle	long
	winning time (min)	winning time (min)	winning time (min)
M10	8-10	15	25
W10	8-10	15	25
M12	8-10	15	25

W12	8-10	15	25
M14	10-12	20	40
W14	10-12	20	40
M16	12-15	20	45
W16	12-15	20	45
M18	12-15	20-25	70
W18	12-15	20-25	55
M20	12-15	20-25	70
W20	12-15	20-25	55
M21A	12-15	30-35	70
W21A	12-15	30-35	55
M21B	12-15	20-25	70
W21B	12-15	20-25	50
M35	12-15	20-25	60
W35	12-15	20-25	55
M40	12-15	20-25	70
W40	12-15	20-25	55
M45	12-15	20-25	70
W45	12-15	20-25	55
M50	12-15	20-25	60
W50	12-15	20-25	50
M55	12-15	20-25	60
W55	12-15	20-25	35
M60	10-12	20-25	45
W60	10-12	20-25	35
M65	10-12	20-25	40
W65	10-12	20-25	35
M70	10-12	20	40
W70	10-12	20	35

Climate

Typical temperature range in middle of September is + 15°C to + 25°C with great differences between night and day; some rains may occur.

Entry fee and payment:

Entry fee is 40\$ per individual race, 110\$ per relay team and 75\$ per mixed sprint relay team.

Accreditation fee for non-competitors is 35 \$

Banquet 40\$

Latest date for payment of entry fees is August 4, 2014.

Entry fees should be payed to:

Beneficiary

Tour Firm "SPORT TOUR"
acc KZ67826F0USDD2000390

Beneficiary's bank

OJSC 'ATFBank' Almaty, Kazakhstan
SWIFT: ALMNKZKA

Correspondent bank:

JSC 'ATFBank', Ust-Kamenogorsk Branch
Bank of New-York
SWIFT: IRVT US3N
cor.acc. No 890 0260 645

Deadlines and address for entries:

AOC

Preliminary entries giving the number of competitors of each gender, the number of relay teams, the number of team officials and the team manager's name, address, e-mail address and phone/fax should reach the organizer no later than **June 30, 2014**.

Final entries giving each competitor's name and gender and the names of the team officials shall reach the organizer no later than **September 5, 2014**.

Open groups (AO)

Preliminary entries giving the number of competitors of each gender, the number of relay teams, the number of team officials and the team manager's name, address, e-mail address and phone/fax should reach the organizer no later than **June 30, 2014**.

Final entries giving each competitor's name and gender and the names of the team officials shall reach the organizer no later than **September 5, 2014**.

All entries have to be sent on official entry forms to Kazakhstan Orienteering Federation by e-mail: asia.kaz-2014@mail.ru.

Transport during the event:

Participants are allowed to use their own transport for transfers from accommodation to competitions and model event. Model event and two competitions will be held in immediate neighbourhood of Event centre - Sanatorium Discovery. There is approximately 25-30 minutes drive to competition centre of two other competitions.

The organizer will provide bus transportation from the event centre/official accommodation to the competition venues and model event.

Cost for such transport is 70\$ for all competitions.

Transport from official accommodation to opening ceremony will be organised by AOC organizer and is included in start fee.

Accommodation and catering

All participants will be accommodated in the sanatoriums «Discovery» and «Zelenyi Bor» and sports camp "Zhakshy". The sanatoriums offer only accommodation in package with catering (4 meals a day). Prices for accommodation + 4 meals a day.

Sanatorium «Discovery»:

№	Accommodation standard	Number of rooms in the accommodation	Number of persons	Meals (Food)	Cost per night and person (\$)
1	Standard A	1	4	4 meals a day	35

Cost includes: accommodation, food (4 meals a day), swimming pool and athletic gym.

Check in - check out 12.00 (noon)

Prices for accommodation and catering in sanatorium «Zelenyi Bor» and sports camp “Zhakshy” will be announced on event’s website before 1st of April 2014.

Latest date for payment for accommodation and catering is August 10, 2014. Accommodation and catering costs should be payed together with entry fees to the same bank account (see above).

A banquet will be arranged in the Event centre on September 21 after the closing ceremony.

Banquet cost is 40\$/person to be paid together with accommodation and catering costs.

Opportunities for training

Suitable events for preparations for AsOC:

1. 19.-27.04.2014 East-Kazakhstan 6-days (in Ust-Kamenogorsk, East-Kazakhstan region),
2. 5-15.06.2014 AsOC official training camp (East-Kazakhstan region),
3. 4.09-14.09.2014 Kazakhstan National Championships (Shchuchinsk, neighboring terrain to AsOC)

All these events are open to all nations and participants. For more detailed information please contact Kazakhstan Orienteering Federation.

Visa and Entry to Kazakhstan

A valid passport with minimum 6 months validity is needed for entry to Kazakhstan. Citizens of most countries will need a valid visa to Kazakhstan (www.orienteeing.lik.kz).

	<i>State</i>	<i>National passport</i>
1.	<i>Georgia</i>	<i>no-visa regime till 90 days</i>
2.	<i>Kyrgyz Republic</i>	<i>no-visa regime (on credentials)</i>
3.	<i>Malaysia *</i>	<i>no-visa regime till 1 month</i>
4.	<i>Mongolia</i>	<i>no-visa regime till 90 days</i>
5.	<i>Republic of Azerbaijan</i>	<i>no-visa regime</i>
6.	<i>Republic of Armenia</i>	<i>no-visa regime till 90 days</i>
7.	<i>Republic of Belarus</i>	<i>no-visa regime</i>
8.	<i>Republic of Moldova</i>	<i>no-visa regime till 90 days</i>
9.	<i>Russian Federation</i>	<i>no-visa regime (on credentials)</i>
10.	<i>Republic of Tajikistan</i>	<i>no-visa regime</i>
11.	<i>Republic of Turkey</i>	<i>no-visa regime till 30 days</i>
12.	<i>Republic of Uzbekistan</i>	<i>no-visa regime</i>
13.	<i>Turkmenistan</i>	visa <i>no-visa regime till 5 days for citizens of Atyrau and Mangystau province to visit Balkan Province</i>
14.	<i>Thailand*</i>	<i>15 days - In airport of Thailand for traveling</i>
15.	<i>Ukraine</i>	<i>no-visa regime till 90 days</i>

All application forms for preparing Kazakhstan visas will be available from the official website of the Kazakhstan Orienteering Federation. Deadline for completing or making changes to the application forms and names of participants is July 10, 2014.

Countries that do not need a visa are (see the table)

For the remaining countries, the organizers will provide visa invitations to the national federations upon receipt of the team member personal and passport details (copy of passport, home address, profession and occupation, location of submitting visa application).

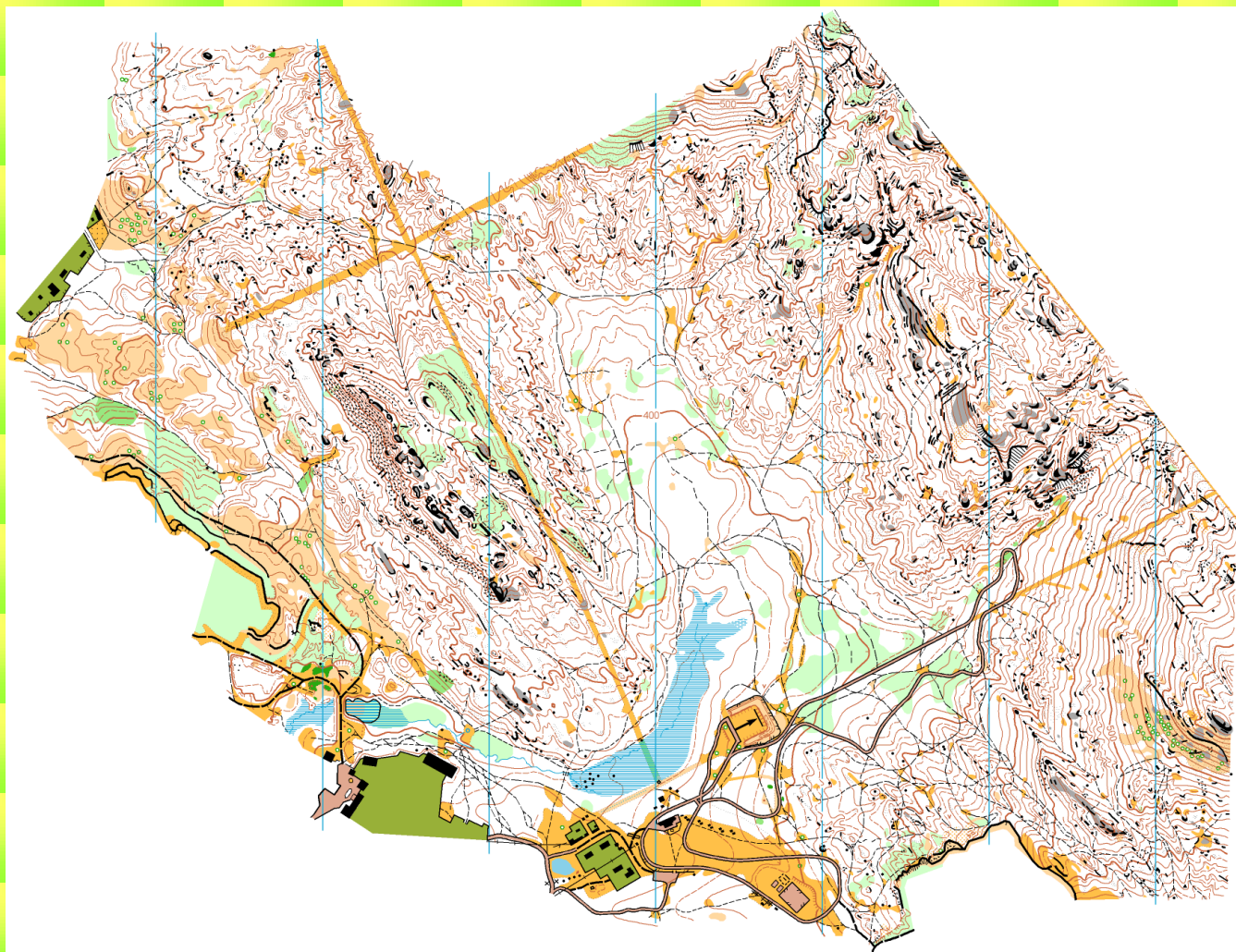
Insurance

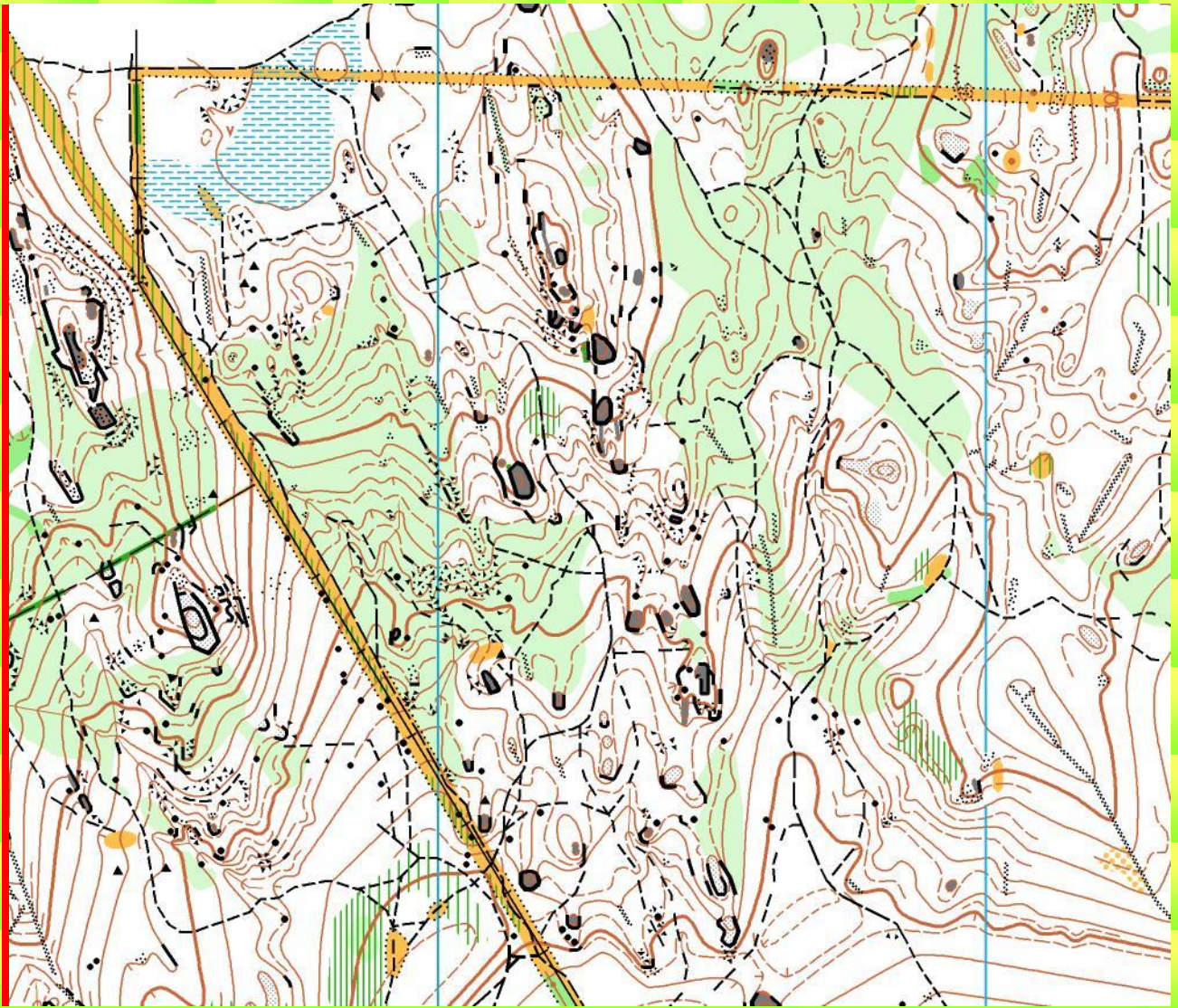
The organizers recommend strongly that all competitors will acquire a travel and health insurance policy that will have sufficient coverage for health and medical treatment in case of injury or illness. It is possible order health insurance for Kazakhstan from AsOC organizers (price from 18 USD for event period).

Bulletins *Bulletin 3 will be published on July 10, 2014*

Appendix

Colour copies of previous maps of competition areas and photos from the terrains





Some photos from competition terrains taken in September:

